

"Girls in rehab often form a powerful sense of community by supporting one another through shared experiences. Working together helps them build trust, develop empathy and create a safe space where they can openly express themselves without judgement. This collective strength fosters resilience, reduces feelings of isolation and encourages accountability"



~ CENTRE HIGHLIGHTS ~



Our community recently had the privilege of welcoming a prominent and well-known Rabbi to St George's. His visit was both meaningful and inspiring, and his insights were warmly received by our girls. They gained valuable knowledge and perspective from their time with the Rabbi, leaving with much to reflect on and take forward in their own lives.

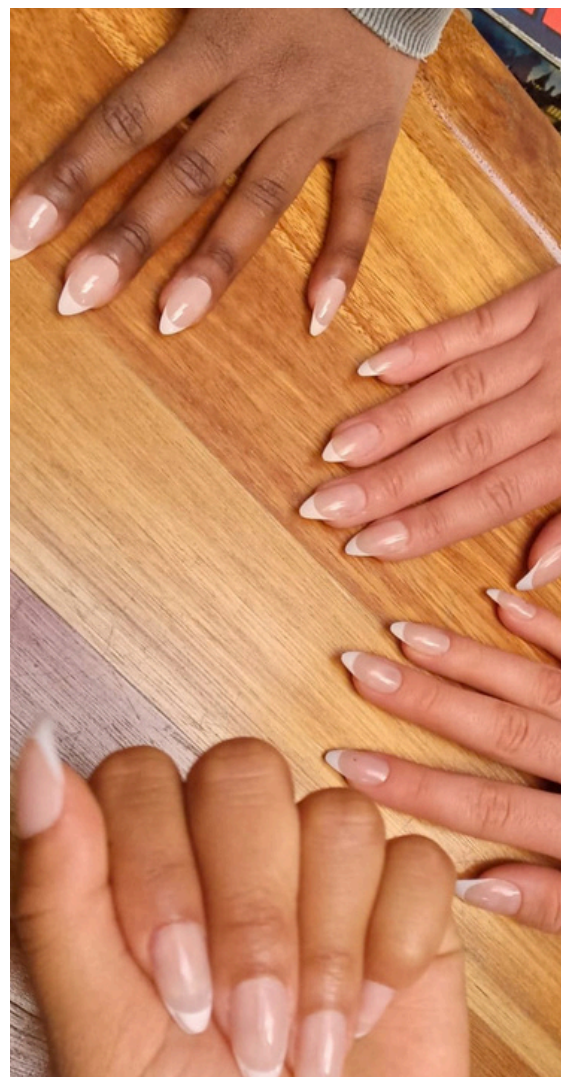
~ A VERY SPECIAL VISITOR RETURNS TO ST GEORGES ~



We were so excited to have one of our current residents (now a volunteer) from our Girls' Youth Centre in Sudwala return to St Georges, where her healing journey first began. Her visit was a meaningful opportunity to reconnect, share encouragement, and spend time with the girls currently in residence. This moment of continuity highlights the strength of our community, where past and present journeys intersect to inspire hope, resilience, and sisterhood.



Creating the foundation for something beautiful to grow. Just like recovery, it starts from the ground up, with patience, care, commitment and hope.



St Georges Youth Centre

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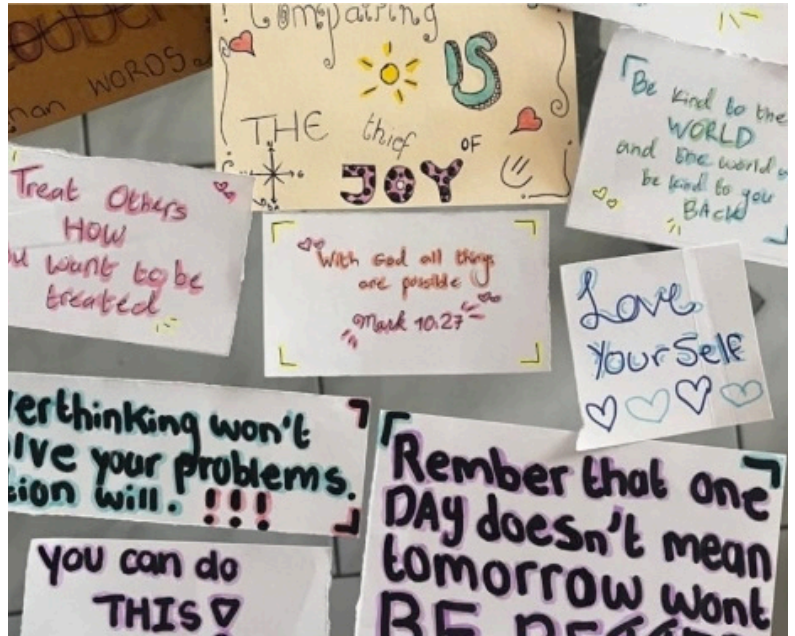
~ WATCH LIST ~



- "The Power of Truth: How to Defeat Lies" - Dr David Jeremiah
- "Trust" - Robert Madu
- "Letting Go" - Tisha B'av 2026

~ ACTS OF SERVICE ~

Our girls regularly volunteer at the nearby bunny park. They clean up, sort out the animal's pens and then have the wonderful reward of getting to interact and play with them - this is an amazing reward for both the bunnies and our girls.



~ SUDWALA ANNUAL SPRING DAY FUNDRAISER ~

A few of our girl's joined in on the festivities at our Annual Spring Day Fundraiser held on the 26th September. It was a beautiful day of community, connection and celebration.



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